



# Cafeteria Plan "Permitted Election Changes"

SAMPLE CAFETERIA PLAN "PERMITTED ELECTION CHANGES"

VERSION 2.0 | JUNE 2021

Cafeteria plans are governed by Internal Revenue Code § 125 requiring employees to make irrevocable elections before the start of the plan year. Midyear changes are prohibited except on account of and consistent with certain status change events. IRS regulations outline the types of events and permitted election changes.

Each employer's cafeteria plan document may adopt some or all of the IRS permitted election changes but cannot go beyond the IRS-permissible items. Employers also should ensure consistency between their cafeteria plan document and their group contract(s).

| EVENT  | HEALTH (MEDICAL/<br>DENTAL/VISION)  | HEALTH CARE FSA  | DEPENDENT CARE<br>ACCOUNT   |
|--|---|--|---|
| 1. CHANGE IN LEGAL MARITAL STA   | TUS   |  |   |
| <ul> <li>due to marriage employee and newly spouse and/or new stepchild(ren).</li> <li>Employee also may previously-eligible of under IRS tag-along</li> <li>Employee may drop employee's and/or coverage IF other of for the person(s) tag</li> </ul> | <ul> <li>Employee may enroll<br/>employee and newly-eligible<br/>spouse and/or newly-eligible<br/>stepchild(ren).</li> </ul>  | <ul> <li>Employee may enroll<br/>or increase election<br/>due to newly-acquired<br/>dependent(s).</li> </ul>   | <ul> <li>Employee may enroll<br/>or increase election<br/>due to newly-acquired<br/>dependent(s).</li> </ul>  |
|  | <ul> <li>Employee also may add<br/>previously-eligible children<br/>under IRS tag-along option.</li> <li>Employee may drop</li> </ul>   | ren or decrease election if<br>ion. employee or dependent(s)<br>become eligible under new<br>spouse's health plan  |   |
|  | employee's and/or children's<br>coverage IF other coverage<br>for the person(s) takes effect<br>under new spouse's plan.  |  |   |
| Lose spouse (e.g., divorce, legal<br>separation, death of spouse)  | <ul> <li>Employee may drop<br/>coverage only for spouse.</li> <li>Employee may enroll<br/>employee and/or<br/>dependents who lose<br/>eligibility under spouse's<br/>plan. (If any one person<br/>loses eligibility, employee<br/>may enroll employee and all<br/>eligible dependents under<br/>IRS tag-along option.)</li> </ul> | <ul> <li>Employee may enroll or<br/>increase election due to loss<br/>of coverage under spouse's<br/>health plan.</li> <li>Employee may drop or<br/>decrease election due to<br/>spouse losing eligibility.</li> </ul> | <ul> <li>Employee may enroll or<br/>increase election due to<br/>newly-eligible dependent(s)<br/>(e.g., loss of non-working<br/>spouse).</li> <li>Employee may stop<br/>or decrease election if<br/>dependent(s) become<br/>ineligible (e.g., dependents<br/>now live with ex-spouse).</li> </ul> |

| EVENT  | HEALTH (MEDICAL/<br>DENTAL/VISION)   | HEALTH CARE FSA  | DEPENDENT CARE<br>ACCOUNT   |
|--|--|--|---|
| 2. CHANGE IN NUMBER OF DEPENI  | DENTS  |  |   |
| Gain child (e.g., birth, adoption<br>or placement for adoption)  | <ul> <li>Employee may enroll<br/>employee and<br/>newly-eligible child.</li> <li>Employee also may<br/>enroll previously-eligible<br/>dependents under IRS<br/>tag-along option.</li> </ul>  | Employee may enroll or increase<br>election due to change in number<br>of eligible dependents.   | Employee may enroll or increase<br>election due to change in number<br>of eligible dependents.  |
| Lose child (e.g., death)   | Employee may drop coverage only for the child who was lost.  | Employee may drop or decrease<br>election due to change in number<br>of eligible dependents.   | Employee may drop or decrease<br>election due to change in number<br>of eligible dependents.  |
| 3. CHANGE IN EMPLOYMENT STAT   | US THAT TRIGGERS GAINING ELIGIBIL  | LITY (EMPLOYEE OR DEPENDENT)   |   |
| Employee's status change<br>results in <i>gaining</i> eligibility<br>under <i>this plan</i> (e.g., new job;<br>part-time to full-time)   | Employee may add coverage for employee and dependent(s).   | Employee may enroll.   | Employee may enroll.  |
| Dependent's status change<br>results in <i>gaining</i> eligibility under<br><i>another employer's plan</i> (e.g.,<br>new job; part-time to full-time)                              | Employee may drop coverage<br>for employee and dependent(s)<br>if they are added to dependent's<br>new plan.   | Employee may drop or<br>decrease election due to<br>spouse's new health plan.  | <ul> <li>Employee may enroll due<br/>to spouse's new job.</li> <li>Employee may stop<br/>or decrease election if<br/>dependent(s) become<br/>eligible under spouse's<br/>new DCAP plan.</li> </ul>                              |
| 4. CHANGE IN EMPLOYMENT STAT   | US THAT TRIGGERS LOSING ELIGIBILI  | TY (EMPLOYEE OR DEPENDENT)   |   |
| Employee's employment change<br>results in <i>losing</i> eligibility under<br><i>this employer's plan</i> (e.g., fulltime<br>to part-time; unpaid leave)                           | Coverage ends.<br>(COBRA may apply.)<br><b>Note:</b> If employee regains<br>eligibility (e.g., rehire) within<br>30 days, prior election is<br>automatically reinstated (unless<br>Open Enrollment or another<br>qualifying event occurs). | Coverage ends.<br>(COBRA may apply.)<br><b>Note:</b> If employee regains<br>eligibility (e.g., rehire) within<br>30 days, prior election is<br>automatically reinstated upon<br>return (unless Open Enrollment or<br>another qualifying event occurs). | Coverage ends.<br><b>Note:</b> If employee regains<br>eligibility (e.g., rehire) within<br>30 days, prior election is<br>automatically reinstated upon<br>return (unless Open Enrollment o<br>another qualifying event occurs). |
| Dependent's employment change<br>results in <i>losing</i> eligibility under<br><i>another employer's plan</i> (e.g.,<br>spouse loses job; full-time to<br>part-time, unpaid leave) | <ul> <li>Employee may enroll<br/>employee and/or dependents<br/>who lose eligibility under<br/>spouse's plan.</li> <li>Employee also may enroll<br/>other eligible dependents<br/>under IRS tag-along option.</li> </ul>                   | Employee may enroll or<br>increase election due to loss<br>of other health coverage.   | <ul> <li>Employee may enroll or<br/>increase election due to loss<br/>of other DCAP.</li> <li>Employee may stop election<br/>if spouse disqualifies (e.g.,<br/>unemployed spouse).</li> </ul>                                   |

| EVENT   | HEALTH (MEDICAL/<br>DENTAL/VISION)   | HEALTH CARE FSA  | DEPENDENT CARE<br>ACCOUNT  |
|---|--|--|--|
| 5. DEPENDENT GAINS OR LOSES E   | LIGIBILITY (OTHER THAN MARITAL S   | TATUS OR EMPLOYMENT CHANGES)   |  |
| Dependent gains eligibility (e.g.,<br>becomes student)<br><b>Note:</b> Federal health care reform<br>removed student requirement<br>under age 26, so this status<br>change event is rare. | <ul> <li>Employee may enroll<br/>employee and<br/>newly-eligible dependent.</li> <li>Employee also may<br/>add previously-eligible<br/>dependent(s) under IRS<br/>tag-along option.</li> </ul> | Employee may enroll or<br>increase election due to<br>newly-eligible dependent.  | Employee may enroll or<br>increase election due to<br>newly-eligible dependent.<br>(Due to DCAP age limit, this is<br>unlikely unless dependent is<br>disabled, requiring day care.) |
| Dependent loses eligibility<br>(e.g., child reaches age limit)  | Employee may drop coverage only for affected dependent.  | <ul> <li>Employee may enroll or<br/>increase election due to loss<br/>of other coverage.</li> <li>Employee may stop<br/>or decrease election if<br/>dependent becomes<br/>ineligible for FSA<br/>reimbursement.</li> </ul> | Employee may stop election<br>if child becomes ineligible<br>(e.g., reaches age 13).   |
| 6. PLAN CHANGES IN COST   |  |  |  |
| Plan makes automatic<br>small cost change(s)  | N/A. (Plan provides that<br>employee's elections<br>(contributions) change<br>automatically.)  | N/A  | N/A  |
| Plan makes <i>significant</i><br>cost change  | If cost <i>increase</i> , employee<br> may change to another plan<br>offering similar coverage<br>(or drop coverage if similar<br>plan not available).   | N/A  | If <i>increase</i> , employee may<br>increase election due to provider's<br>cost increase, but not if provider<br>is employee's relative.  |
|   | If cost <i>decrease</i> , employee<br>may enroll or change coverage.   |  | If decrease, N/A.  |
| 7. PLAN CHANGES IN COVERAGE   |  |  |  |
| Plan makes significant<br>curtailment in coverage   | Employee may change to another<br>plan offering similar coverage<br>(or drop if no similar option).  | N/A  | Employee may change election<br>only due to change in provider<br>or change in hours of<br>dependent care.   |
| Plan adds new benefit<br>or coverage option   | Employee may elect the newly-added option.   | N/A  | N/A  |
| Plan eliminates benefit<br>or coverage option   | Employee may elect<br>another option.  | N/A  | N/A  |
| Other employer's plan<br>increases coverage   | Employee may drop coverage<br>for employee or dependent(s)<br>if employee or dependent(s)<br>are affected by change in other<br>employer's plan.   | N/A  | Employee may stop or<br>decrease election due to<br>corresponding increase in<br>other employer's DCAP.  |

| EVENT  | HEALTH (MEDICAL/<br>DENTAL/VISION)   | HEALTH CARE FSA  | DEPENDENT CARE<br>ACCOUNT   |
|--|--|--|---|
| 7. PLAN CHANGES IN COVERAGE (  | CONTINUED  |  |   |
| Other employer's plan decreases<br>or ceases coverage  | Employee may enroll or<br>increase election for employee<br>or dependent(s) if employee or<br>dependent(s) are affected by<br>change in other employer's plan. | N/A  | Employee may enroll or<br>increase election due to<br>corresponding decrease in<br>other employer's DCAP. |
| Other employer's plan offers<br>Open Enrollment  | Employee may make<br>corresponding changes<br>under this employer's plan.  | N/A  | Employee may change election<br>due to corresponding changes ir<br>other employer's DCAP.                 |
| 8. CHANGE IN RESIDENCE (EMPLO  | YEE OR DEPENDENT)  |  |   |
| Change in residence triggers<br>eligibility (e.g., move into a<br>plan's service area)           | <ul> <li>Employee may change<br/>coverage to plan for which<br/>employee is newly-eligible.</li> </ul>   | N/A  | N/A   |
|  | <ul> <li>Employee also may<br/>add previously-eligible<br/>dependent(s) under<br/>IRS tag-along option.</li> </ul>   |  |   |
| Change in residence triggers<br>loss of eligibility (e.g., move out<br>of a plan's service area) | Employee may change coverage<br>to another plan for which<br>employee is eligible.   | N/A  | N/A   |
| 9. JUDGMENTS, DECREES, OR ORD  | ERS  |  |   |
| Order requiring the employer's<br>plan to add child(ren) to health<br>plan coverage              | Employee may enroll employee and affected child(ren).  | Employee may add or increase election due to addition of child.                          | N/A   |
| Order requiring another<br>employer's plan to add child(ren)<br>to health plan coverage          | Employee may drop coverage only for affected child.  | Employee may stop or decrease<br>election due to child gaining other<br>health coverage. | N/A   |
| 10. MEDICARE, MEDICAID, OR CHIF  | •  |  |   |
| Employee or dependent becomes<br>entitled to Medicare or Medicaid                                | Employee may drop coverage<br>for affected employee or<br>dependent(s).  | Employee may drop or<br>decrease election due to<br>gaining other coverage.              | N/A   |
| Employee or dependent becomes<br>entitled to premium assistance<br>subsidy from Medicaid or CHIP | Employee may enroll affected employee or dependent(s).   | N/A  | N/A   |
| Employee or dependent loses<br>entitlement for Medicare,<br>Medicaid or CHIP                     | Employee may enroll affected employee or dependent(s).   | Employee may enroll or<br>increase election due to<br>losing other coverage.             | N/A   |

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|---|---|-----------------|---------------------------|
| 11. OPTIONAL PROVISIONS RELATE  | ED TO THE AFFORDABLE CARE ACT (AC)  | 4)              |                           |
| Employee whose hours of service<br>are reduced so that the employee<br>is expected to average less than<br>30 hours of service per week | Employee may drop coverage for<br>employee and dependent(s) based<br>on intent to enroll in another plan<br>providing minimum essential<br>coverage (MEC) to start by first<br>day of second month after this<br>coverage ends. | N/A             | N/A                       |
| Employee becomes eligible<br>to enroll in a Qualified Health<br>Plan (QHP) available in a<br>Marketplace (Exchange)                     | Employee may drop coverage<br>for employee and dependent(s)<br>based on intent to enroll in a<br>QHP (during Marketplace Open<br>Enrollment or midyear Special<br>Enrollment) to start the day after<br>this coverage ends.     | N/A             | N/A                       |